

# YEAR-END DIABETES ADVOCACY CHECKLIST

Activities	Date
Confirm insulin, CGM, and pump refills are active	
Check for insurance plan-year or formulary changes	
Order extra sensors, infusion sets, or pump supplies	
Ask about 90-day prescription fills	
Save insurance denial explanations (screenshots or notes)	
Confirm whether prior authorizations are required	
Message your clinic with clear, complete refill details	
Request a bridge supply if you're running low	
Use remaining FSA/HSA funds on diabetes supplies	
Start the new year with uninterrupted access to care	

**Reminder: Advocacy isn't being difficult. It's  
protecting your health.**

